



# Why are heavy metal hyperaccumulating plants so amazing?

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## Abstract

In some areas, anthropogenic activity has led to a high level of environmental pollution with heavy metals that is now detrimental to living organisms. However, there are about 500 plant species known to accumulate extraordinarily high amounts of metallic elements in their tissues without any noxious effect, and these plants, hyperaccumulators, have lately been receiving increasing interest, because of their potential for being exploited in sustainable biotechnologies such as phytoremediation and phytomining. This paper reviews on the basic mechanisms of tolerance enabling practical application of hyperaccumulating plants in the clean up of land contaminated with heavy metals.

**Key words:** heavy metal, hyperaccumulators, tolerance, phytoextraction, phytomining

## Introduction

Widespread environmental pollution with heavy metals is mainly the consequence of certain anthropogenic activities such as mining, smelting, heavy traffic and railway transportation (Wiłkomirski et al., 2011; Candeias et al., 2015). It is quite well documented that an excessive amount of these metallic elements remains in the ecosystem for an extremely long time and poses a severe threat to organisms that are exposed to high levels of such pollutants. Among those organisms affected are plants whose essential physiological processes are frequently seriously impaired. In experiments conducted in worldwide laboratories it has been found that elevated concentrations of heavy metals exert a negative impact on processes such as respiration, photosynthesis, electron transport and cell division (Wójcik et al., 2009; Pourrut et al., 2011; Muszyńska et al., 2014b). Another well-documented effect of environmental pollution is uncontrolled production of reactive oxygen species that cause oxidative stress (Karuppanapandian et al., 2011; Biesiada and Tomczak, 2012; Hossain et al., 2012; Muszyńska et al., 2014a). The growth and development of plants may be considerably disturbed as a result of the negative influence of elevated levels of metals. However,

there are plant species or specialized ecotypes that are able to tolerate high levels of trace elements and thus survive, grow and reproduce on soils contaminated with heavy metals. The majority of these species behave as “excluders” that retain and detoxify most of the heavy metals in their root tissues and minimize ion translocation to the shoots (Ghosh and Singh, 2005). This strategy has also been observed in populations of *Armeria maritima*, *Plantago lanceolata*, *Silene vulgaris* and *Dianthus carthusianorum* growing in Poland on metalliferous soils (Baranowska-Morek and Wierzbicka, 2004; Szarek-Łukaszewska et al., 2004; Wierzbicka et al., 2004; Wójcik and Tukiendorf, 2014). Some other species, called “accumulators”, exhibit contrasting behavior relying on active heavy metal uptake from the soil and then accumulation in organs. Among these accumulating plant species, the most interesting are so-called hyperaccumulators that can accumulate heavy metals in their above-ground organs at concentrations from 100 to 1000-times higher than those found in non-hyperaccumulating species, without suffering any discernible phytotoxic effect (Ja-been et al., 2009; Grobelak et al., 2010; Rascio and Navari-Izzo, 2011).

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### Hyperaccumulating plants and basic mechanisms of accumulation

Plants that accumulate metal and metalloid trace elements at extraordinarily high concentrations in their above-ground tissues are called “hyperaccumulators”. This term was first used by Jaffré et al. (1976) and referred to *Sebertia acuminata*, in which Ni content accounted for 25% of the latex dry weight. A subsequent publication by Brooks et al. (1977) defined hyperaccumulators more precisely as plants with a Ni concentration in dried leaves above 0.1%. Following these pioneering studies, Baker and Brooks (1989) extended the definition to include other metals, although with different thresholds (Table 1). Recently, van der Ent et al. (2013) recommended new criteria of hyperaccumulation, according to which the threshold concentration of metals should be 2-3 orders of magnitude higher than in leaves of most species growing on non-metalliferous soils, and at least one order of magnitude greater than the usual range found in plants from metalliferous soils (Table 1). A comparison of metal and metalloid contents in aerial organs required to classify the plant as a hyperaccumulator proposed by both groups of authors is given in Table 1.

**Table 1.** Metal concentrations in dried foliage [ $\text{mg} \cdot \text{kg}^{-1}$  d. m.] according to different authors' criteria

Author	Baker and Brooks (1989)	van der Ent (2013)
Heavy metal		
Cd	100	100
Co, Cu, Cr	1000	300
Pb, Ni	1000	1000
Zn	10 000	3000
Mn	10 000	10 000

Based on the criteria suggested by van der Ent (2013), approximately 500 taxa have been identified so far as hyperaccumulators of one or more metals. Thus, hyperaccumulation is a rare phenomenon characteristic of less than 0.2% of all known angiosperms (Pollard et al., 2014). The most common are representatives of the following families: *Brassicaceae*, *Caryophyllaceae*, *Violaceae*, *Fabaceae*, *Euphorbiaceae*, *Lamiaceae*, *Asteraceae*, *Cyperaceae*, *Poaceae*, *Cunouniaceae*, *Flacourtiaceae*. Some examples of important hyperaccumulators are presented in Table 2.

Hyperaccumulation depends on three main traits that distinguish hyperaccumulators from non-hyperaccumulating plants: 1) a much greater capacity to take up heavy metals from the soil; 2) enhanced root-to-shoot translocation of metal ions; 3) a much greater ability to detoxify and sequester extremely large amounts of heavy metals in the shoots (Rascio and Navari-Izzo, 2011). An important aspect of the heavy metal uptake by plants is the bioavailability of toxic ions in the soil. In this regard, three categories of heavy metals/metalloids can be distinguished: readily bioavailable (Cd, Ni, Zn, As, Se, Cu); moderately bioavailable (Co, Mn) and least bioavailable (Pb, Cr) (Ali et al. 2013). However, in the rhizosphere of hyperaccumulators, metal availability is reported to be higher than in non-hyperaccumulating plants, because the former have developed certain mechanisms for solubilizing heavy metals in the soil (Maestri et al., 2010). Some hyperaccumulators release protons or specific root exudates such as organic acids (mugenic or aveic acids) and phytosiderophores that acidify the rhizosphere and thus increase metal mobilization from the soil (Maestri et al., 2010; Rajkumar et al., 2012). Furthermore, the bioavailability of heavy metals may be significantly increased by the rhizosphere microorganism community (mainly bacteria and mycorrhizal fungi) that can affect metal mobility in many ways, including lowering the pH, producing compounds such as antibiotics, organic acids, and hormones, and enhancing plant shoots and root biomass (Jabeen et al., 2009).

When bioavailable metals come into contact with under-ground parts of plants, they penetrate into the root, mainly through the same transporters located in the plasma membrane that are involved in the uptake of macro- and microelements. For example, there is strong evidence that As can enter plant roots as arsenate via the transporters of the chemical analogue phosphate, which comes from the fact that a higher density of phosphate/arsenate transporters has been observed in root cells of As hyperaccumulator *Pteris vittata* than non-hyperaccumulator *Populus tremula* (Caille et al., 2005). Additionally, to regulate the metal concentration within the root as well as shoot cells, several classes of metal transporters located in the plasma membrane and the tonoplast have been identified. Among these, the zinc/iron permeases (ZIP), the heavy metal (or CPX-type) ATPases, the natural resistance associated macrophage-proteins (Nramp), the cation exchangers (CAXs)

**Table 2.** Examples of hyperaccumulating plant species belonging to different families

Family	Species	Heavy metal	References
<i>Asteraceae</i>	<i>Berkheya coddii</i>	Ni	Mesjasz-Przybyłowicz et al. 2004; Orłowska et al. 2011
<i>Brassicaceae</i>	<i>Alyssum bertolonii</i>	Ni	Galardi et al. 2007; Mengoni et al. 2012
<i>Brassicaceae</i>	<i>Alyssum markgrafii</i>	Ni	Bani et al. 2010
<i>Brassicaceae</i>	<i>Alyssum murale</i>	Ni	Bani et al. 2010; Lucisine et al. 2014
<i>Brassicaceae</i>	<i>Arabidopsis halleri</i>	Zn Cd	Maestri et al. 2010; Huguet et al. 2012; Verbruggen et al. 2013
<i>Brassicaceae</i>	<i>Biscutella laevigata</i>	Tl	Pośćić et al. 2013; Babst-Kostecka et al. 2014
<i>Caryophyllaceae</i>	<i>Minuartia verna</i>	Pb	Maestri et al. 2010
<i>Crassulaceae</i>	<i>Sedum alfredii</i>	Pb	Tian et al. 2010; Lu et al. 2013
<i>Fabaceae</i>	<i>Astragalus racemosus</i>	Se	Galeas et al. 2007; Lindblom et al. 2013
<i>Lamiaceae</i>	<i>Haumaniastrum katangense</i>	Cu Co	Brooks 1977
<i>Myrthaceae</i>	<i>Gossia bidwillii</i>	Mn	Fernando et al. 2007
<i>Plumbaginaceae</i>	<i>Armeria maritima</i> ssp. <i>halleri</i>	Zn, Pb	Ciarkowska and Hanus-Fajerska 2008; Abratowska et al. 2012
<i>Poaceae</i>	<i>Spartina argentinensis</i>	Cr	Redondo-Gomez et al. 2011
<i>Pteridaceae</i>	<i>Pteris vittata</i>	As	Wu et al. 2009; Wan et al. 2014
<i>Violaceae</i>	<i>Viola boashanensis</i>	Cd	Liu et al. 2004; Wu et al. 2010

or the cation-diffusion facilitator (CDF) could be listed (Rascio and Navari-Izzo, 2011).

In contrast to non-hyperaccumulator plants which retain most of the heavy metals taken up from the soil in their root cells, hyperaccumulators rapidly and efficiently translocate these elements to the shoot via the xylem. The root-to-shoot translocation depends on the different low molecular weight chelators that bind to metal ions and transpiration pulls these complexes up to the leaves (Jabeen et al., 2009). The most important in this process seem to be free amino acids, such as histidine and nicotinamine, which form stable complexes with bivalent cations (Rascio and Navari-Izzo, 2011).

An important role in hyperaccumulation is played by the mechanisms of detoxification and sequestration of heavy metals which allow significant amounts of these

toxic ions to be concentrated in aerial plant organs without causing any phytotoxic effect. Detoxification and sequestration is based on metal complexation with ligands and/or their removal from metabolically active cytoplasm (Jabeen et al., 2009; Bhargava et al., 2012; Wójcik and Tukiendorf, 2014). There are two main types of peptide metal binding ligands – phytochelatin and metallothioneins. These are Cys-rich polypeptides binding heavy metals via the thiol groups of their Cys residues (Hosain et al., 2012). Besides these, many other small molecules are used in the metal chelation inside the cytosol. Potential ligands for heavy metals can also be organic and amino acids, such as citrate, malate, and oxalate acids (Maestri et al., 2010). Such ligands may be instrumental in preventing the persistence of heavy metals as free ions in the cytoplasm and in moving them into in-

active compartments, mainly vacuoles, cell walls or dictyosomes (Tangahu et al., 2011; Bhargava et al., 2012). For instance, it has been found that malate is the main ligand of  $\text{Cd}^{2+}$  in *Noccaea* (*Thlaspi*) *caerulescens*, while citrate and acetate bind this metal in leaves of *Solanum nigrum* (Salt et al., 1999; Sun et al., 2006). Sequestration of excess metal ions can occur in the vacuoles of leaf mesophyll and epidermis, the trichomes, the cuticle, and the secretory glands or in the form of salt crystals on the surface of salt glands. This type of secretion has been observed, for example, in many *Alyssum* species (*Alyssum murale*, *Alyssum corsicum*, *Alyssum pterocarpum*), *Armeria maritima* ssp. *halleri*, *Arabidopsis halleri* and *Noccaea caerulescens* (Broadhurst et al., 2004; Küpper et al., 2004; Eapen and D'Souza, 2005; Wójcik et al., 2005; Abratowska, 2006; Huguet et al., 2012).

#### **Practical applications of plants with accumulation traits**

The concentration of toxic elements in the environment has been increasing year by year. Therefore, research is still needed to develop cost effective, efficient and environmentally friendly remediation methods for the decontamination of heavy metal-polluted soils. A novel approach is phytoremediation, which is considered a green alternative to the problem of heavy metal contamination (Greipsson, 2011; Ali et al., 2013). Phytoremediation refers to the use of plants and associated soil microbes to remove harmful substances such as heavy metals, radionuclides and organic pollutants from the environment or to decrease their toxicity (Greipsson, 2011; Tangahu et al., 2011). For this reason, plant species that can absorb, detoxify and store high levels of heavy metals attract particular interest due to the possibility of exploiting their accumulation traits in practical applications for cleaning up soils contaminated with heavy metals. Thus, hyperaccumulating plants can be used in phytoextraction. An ideal hypothetical plant for this strategy should have multiple traits, such as the ability to accumulate large amounts of heavy metals (bio-concentration factor more than 1), rapid growth, and large biomass production (at least 10 tons per hectare, since the rate of phytoextraction is directly proportional to the plant growth rate while the total amount of metal phytoextracted is correlated with the plant biomass) (Shah and Nongkynrih, 2007; Ali et al., 2013). One of the best-known angiosperm hyperaccumulators of metals is

*Noccaea caerulescens*, which can accumulate large amounts of Zn ( $39\,600\text{ mg}\cdot\text{kg}^{-1}$ ) and Cd ( $1\,800\text{ mg}\cdot\text{kg}^{-1}$ ) without apparent damage (Rascio and Navari-Izzo, 2011; Bhargava et al., 2012). However, *N. caerulescens* as well as many other hyperaccumulators have a relatively limited potential for effective phytoextraction, because most of them are characterized by rather shallow root systems, slow growth rates and, in consequence, they usually produce low biomass in each successive year. Moreover, hyperaccumulating plant species are metal selective. No species has been found which accumulates all elements of interest, which complicates the matter as much as the limit imposed by the speed of metal removal (Shah and Nongkynrih, 2007; Bhargava et al., 2012). A possible good candidate for phytoextraction is *Brassica juncea* that accumulates lead, cadmium, chromium, nickel and zinc. Above all, this species is characterized by high biomass production (8 tons/ha in two months), easy adaptation to growth in different climatic conditions and a deep root system helpful for efficient metal absorption and prevention of those toxic elements entering into the groundwater (Bhargava et al., 2012; Satpathy and Reddy, 2013).

Not only is the proper selection of plant material important for a successful and economically feasible phytoextraction process: it is also advisable to stimulate metal bioavailability in the rhizosphere. Apart from the natural mechanisms that enhance the availability of ions for uptake by plants, the addition of synthetic chelators can stimulate the release of metals into soil solutions, and therefore improve their mobility and accumulation in plant tissues. Several chelating agents such as EDTA, CDTA, DTPA, EGTA or NTA have been successfully used to remediate heavy metal contaminated soils (Seuntjens et al., 2004; Rajkumar et al., 2012). At the end of the growing season, plants with accumulated toxic substances in their organs are collected from the purified surface with the use of conventional equipment. Next, harvested biomass containing heavy metals can be combusted to obtain energy. The remaining ash is considered a "bio-ore" that is used for the extraction of heavy metals (Jabeen et al., 2009; Ali et al., 2013). Phytomining has been commercially used for Ni extraction and it is believed to be less expensive than conventional methods. For example, cultivation of *A. murale* and *A. corsicum* enables biomass containing 400 kg Ni per hectare to be obtained with low production costs (about 250-

500 USD/ha). Considering the Ni price (40 USD/kg), phytomining of this element has become a highly profitable technology that can provide about 10 000-20 000 USD per ha (Chaney et al. 2007). This technology can also be successfully recommended for ores, the mining of which using traditional methods is unprofitable (Bhargava et al., 2012). In addition, phytomining is a more eco-friendly option in comparison with conventional extraction techniques. This is because during bio-ore processing renewable energy is generated and less SO<sub>x</sub> is emitted to the atmosphere (Ali et al., 2013). A new trend in the usage of harvested biomass from hyperaccumulators is the preparation of “eco-catalysts” (Escande et al., 2014; Escande et al., 2015). After the thermal treatment of plant material with accumulated heavy metals and then its subjection to acidic workup, a poly-metallic solid that could serve as a catalyst for various chemical transformations is obtained. Thus, the application of hyperaccumulating plants for catalyst production is a novel, interesting and innovative approach.

## Conclusions

Although metal hyperaccumulating plants are a promising material for the removal of heavy metals from contaminated soils, there are some limitations to the application of phytoextraction. One is the long period of time required for clean-up. Moreover, there is a limited number of plant species that are effective hyperaccumulators, and thus a limited number of trace elements that can be extracted this way. The extraction efficiency of most plants is additionally limited by their shallow root system, slow growth rate and consequently low biomass production. Metals can also be strongly bound to soil particles and thus are very slightly soluble in soil solution and not easily taken up by plants (Grobela et al., 2010; Tangahu et al., 2011; Ali et al., 2013). In view of the current ecological trends, special attention is paid to species with the ability to accumulate extremely large amounts of heavy metals in their tissues. It is believed that new research will result in the discovery of many new metal hyperaccumulating species. In order to further exploit the potential of currently identified metal accumulating plants, a comprehensive understanding of soil-metal-organism interactions is urgently needed. However, in order to undertake high performance phytoremediation projects, specialist knowledge of soil che-

mistry, microbiota, hyperaccumulator plant biology and ecology must first be broadened.

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