

Preface



Colleagues, Readers,
Authors, Reviewers,
Members of the Scientific Committee,
Thematic Editors,
Members of the Editorial Board,

We hope that you had a great World Family Doctor Day! This annual celebration on the 19th of May was first declared by WONCA in 2010 and aims to highlight the role and contribution of family doctors in health care systems around the world. The event is an opportunity to acknowledge the central role of our specialty in the delivery of personal, comprehensive and continuing health care for all of our patients.

World Family Doctor Day coincides with the second edition of this year's *Family Medicine & Primary Care Review*. The changes you'll see in the pages of our quarterly concern not only scientific journals, but mainly family medicine. For over 20 years, supported by WHO

recommendations, family medicine has been carried out by specialists and has formed the basis of the health care system, while remaining both a scientific discipline and a medical specialty, each with its own educational content, research, evidence base, and clinical activity, focused on primary care regardless of country or continent. In each issue of *FM&PCR*, we confirm that a clinically effective and cost-effective health care system is characterized by coordination, versatility and intra- and interdisciplinary co-operation. This issue continues this mission. May it help you not only in your research projects on the borderline of family medicine and other specialties, but above all as a source of practical information that is useful in everyday practice.

This issue begins with original papers on social support in the cancer patient–caregiver dyad; the burden of care and experience of associative stigma among caregivers of patients with chronic mental illnesses at a mental health care facility in Lagos Metropolis, Nigeria; the effect of training pregnant women in attachment skills on infants' motor development indices at birth to four months; perception and attitude of mothers toward family planning in Southern Nigeria; the influence of socio-demographic and environmental factors on the fall rate in geriatric patients in primary health care; elder abuse and neglect in Bangladesh: Understanding the issues; relationship of socio-economic status with nutritional status among the elderly in a rural community of Bangladesh; delay in diagnosis and treatment of patients with cases of imported malaria in Poland; soil-transmitted helminth infections in Medan; antibiotic prescription patterns in primary dental health care in Kosovo; the application of Nordic walking in the treatment of hypertension and obesity; the application of the International Classification of Functioning, Disability and Health (ICF) in the domains of body and structure function and activity and participation in the assessment of the rate of disability in patients with morbid obesity; physical function measures and health-related quality of life in primary care medicine; and the effect of sildenafil citrate on women affected by sexual dysfunction referred to health clinics.

We especially encourage you to familiarize yourself with the study, found in the CME section, on the significance of anti-DFS70 antibodies in the diagnosis of autoimmune disorders.

With the aim of continuing to support our authors and consistently improving the scientific quality of our publications, we ask you to share with us the results of your research projects and to liaise with the Editorial Board, the Members of which, along with the Thematic Editors, will gladly assist you as your article makes it through the review process and editorial work. I also encourage you to come and talk to the Members of the Editorial Board at the Polish Society of Family Medicine (PSFM) stand during PSFM conferences, congresses, and conventions, as well as at the stands of Continuo Publishing, which can be found at training courses throughout Poland! I further extend to you an invitation to join us at the Sixth Congress of the Polish Society of Family Medicine, which will be held in Wroclaw from 29 September to 1 October 2017. Articles that provide more details on the issues you discuss in your presentations at that congress are also welcomed, and, if they obtain the approval of the Reviewers, will be published in issue 03/2017.

During the forthcoming weeks leading up to the summer, I wish you moments of respite from the increasing demands of everyday life and perseverance in pursuing your own passion and research projects into the realities of family medicine, which will result in publications in the *FM&PCR* in subsequent months and years.

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**Ministry of Science
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Republic of Poland

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