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The impact of the Iran Health System Reform Plan on the psychological empowerment of clinical faculty members

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A – Study Design, B – Data Collection, C – Statistical Analysis, D – Data Interpretation, E – Manuscript Preparation, F – Literature Search, G - Funds Collection

Summary Background. Clinical faculty members are at the forefront of providing medical services in the Iran health system reform plan. Objectives. This study was conducted to investigate the impact of the Iran health system reform plan on the psychological empowerment of clinical faculty members.

Material and methods. The statistical population of this descriptive study included all clinical faculty members, with 90 members eventually participating in this study. To collect data, a researcher-made questionnaire, modelled on the PEQ standard, was used. Descriptive and inferential statistics were used to analyze the data through SPSS version 22 software.

Results. The dimensions of self-determination (6.1 \pm 3.79), sense of competence (5.9 \pm 3.91), impact (5.7 \pm 3.76) and meaning (5.2 \pm 3.79). 3.45), respectively, obtained the highest scores. Hence, it can be concluded that the Iran health system reform plan has played a small role in the psychological empowerment of clinical faculty members. Variables such as gender, age, education, employment history and academic status of faculty members did not have a significant effect on their empowerment (p < 0.05). However, the location (hospital type) where services are provided (p = 0.039) and the full-time work of faculty members (p = 0.03) had a significant effect on their empowerment score.

Discussion and conclusions. Given the key role of clinical faculty members in the Iran health system reform plan and given the high importance of empowerment of staff to enhance their job satisfaction and improve organizational productivity, it is necessary to periodically monitor and evaluate this plan to enhance and eliminate its possible shortcomings. In this regard, providing sustainable and receivable financial resources for its continuation and elimination of injustice in payments to staff should be prioritized.

Key words: health care reform, Iran, faculty, educational personnel, empowerment.

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Background

Empowerment is one of the most effective ways to improve staff productivity and make the best use of their capacities and capabilities in line with organizational goals [1]. Empowerment has been considered from different perspectives. One of the most important of these perspectives is psychological empowerment. Psychological empowerment is defined as intrinsic job motivation, which includes the four dimensions of meaning, impact, sense of confidence and self-determination [1, 2]. Studies conducted in Iran have shown that among some variables, such as transformational leadership [3], new information technologies [4], job enthusiasm and entrepreneurship [5], genuine leadership [6], organizational citizenship behavior [6], creativity [7], reducing job stress [8], job satisfaction [9], management strategies and resources of individual self-efficacy [10], emotional intelligence [11] and knowledge management [12] have a positive and significant relationship with psychological empowerment. The results of a study conducted by Mehrabian et al. in Iran under the title of "Identifying the factors affecting human productivity from the perspective of clinical and non-clinical faculty members" showed that psychological empowerment is the most important component for improving human productivity [13]. Sadri et al. reported that availability

of resources and facilities [related to education and research] at the workplace was the most important factor influencing the psychological empowerment of the dental faculty members of the Islamic Azad University of Iran [14]. Investigating the factors related to psychological empowerment, the faculty members of the Tarbiat Moallem University of Tehran showed that the faculty members of this university had higher empowerment in the meaning dimension compared to other dimensions of empowerment, and the confidence dimension was at the lowest level [15]. The study conducted by Luna and Cullen at the University of Washington showed that the empowerment of faculty members had a direct relationship with annual evaluation, and faculty members who were evaluated showed a higher willingness for personal and specialized empowerment [16]. In Iran, the provision of medical and health services has undergone many changes over the last four decades; one of the most important of which was the integration of medical education in health services in 1985. As a result of these changes, these services are provided simultaneously by the universities of medical sciences affiliated with the Ministry of Health and Medical Education of Iran [17, 18]. One of the other important changes that has also been made in recent years is the implementation of the health system reform plan. The health system reform plan has been implemented since May 2014, with the two main goals of increasing access and increasing justice in providing goods

and providing health and medical services in all hospitals and healthcare centers affiliated with the Iran University of Medical Sciences. With the implementation of this plan, in addition to the financial support of people concerning health costs, the improvement of the quality of medical services in the inpatient wards of public hospitals was also considered. The goals of this plan have continued in four phases of "improving access, affordability and quality of treatment", "developing self-care", "balancing health care tariffs" and "transformation in medical education". Although this plan has been implemented for six years, some experts have reported an increase in induced demand, an increase in total medical costs, an increase in the number of referrals to public healthcare centers and an increase in the share of health expenditure in the household basket, as well as an increase in staff dissatisfaction due to injustice in payments and increased disruptions in drug supply chains as negative impacts of the plan. In addition, a lack of feasibility studies, a lack of sustainable resources to continue this plan, its inconsistency with some of Iran's upstream policies, the conflict of interest in policy-making, the priority of treatment over prevention, inefficient human resource management and the low effectiveness of policies have been reported as major challenges of this plan [19–21]. In a review study, Mehralizadeh et al. showed that the health system reform plan could successfully achieve its first and most important goals of supporting people financially concerning health costs and improving the quality of health services in inpatient wards of public hospitals [19]. However, some other studies have shown that due to some deficiencies, medical staff are not satisfied with the implementation of the health system reform plan in Iran [21, 22]. Due to the high importance of staff empowerment in increasing organizational productivity and staff job satisfaction, researchers are always trying to evaluate, and thus improve, the empowerment of their staff [13]. Improving the performance of universities depends on many variables, among which qualified and empowered faculty members have a special status, and the empowerment of clinical faculty members of medical universities affiliated with the Ministry of Health and Education plays a key role in the optimal implementation of the health system reform plan. Increasing pressure on providing educational and health services by clinical faculty members, increasing the complexity of medical sciences and the emergence of new approaches to teaching and research and lack of time for clinical faculty members to fulfill different duties have made it necessary to empower faculty members in a variety of areas to take on different roles using different strategies.

Objectives

The present study was conducted to investigate the impact of the Iran health system reform plan (which is one of Iran's major and costly plans in recent years) on the psychological empowerment of clinical faculty members.

Material and methods

The Ahvaz Jundishapur University of Medical Sciences is one of the Type 1 universities of the Ministry of Health and Medical Education of Iran, which has 660 faculty members and more than 7,000 students at present. About half of the university faculty members are working at the medical school of this university, and two-thirds of them are clinical faculty members, and another one third of them are basic science faculty members. The present study is a descriptive and cross-sectional study that was conducted in the academic year of 2018–2019. Its statistical population included all clinical faculty members working at the Ahvaz Jundishapur University of Medical Sciences. 90 faculty members working at all teaching hospitals affiliated with this university having at least one year of employment history and a specialty and assistant professor academic degree were randomly included in the study. After explaining the objectives

of the research and obtaining written consent by the samples, they were assured that their information would remain confidential, and they could leave the study at any time if they did not wish to cooperate. The questionnaires were distributed in four work shifts and at the workplace of the faculty members in four teaching hospitals of the university. Finally, among all distributed questionnaires, the data of 90 completed questionnaires was collected after excluding incomplete or non-returned questionnaires. The method of data collection was a questionnaire. The questionnaire used consisted of two sections, including demographic characteristics of people such as: age, gender, level of education, type of employment, employment history, academic degree, location of employment and type of service (full-time and part-time), and a researcher-made questionnaire was developed modeled on the Spreitzer Psychological Empowerment Questionnaire (PEQ). The questionnaire consists of 12 items [2] that measure and evaluate four dimensions of psychological empowerment from Spreitzer's point of view. These dimensions are meaning (3 items) – or consistency between work requirements and beliefs, values and behavior; sense of competence (3 items) – a personal belief that one feels he or she is successfully performing the assigned duties; self-determination (3 items) – a sense of right to choose or autonomy or freedom of action and independence in determining the activities necessary to perform job duties; and impact (3 items) – indicating the degree to which a person can influence the strategic, administrative and operational results of a job. These questions are scored on a 5-point Likert scale (including "I strongly disagree" with a score of 1, "I disagree" with a score of 2, "I have no idea" with a score of 3, "I agree" with a score of 4, and "I strongly disagree" with a score of 5). It is evaluated based on the division of the lower bound (3–7), moderate bound (7–11) and the upper bound (11–15). The "Health System Reform Plan" option was also added to the content of the questionnaire. The validity of this questionnaire was evaluated and confirmed by using the opinions of clinical faculty members, and its reliability was confirmed by using Cronbach's alpha method, which was obtained at 85%. Descriptive statistics (mean, standard deviation, percentage) and inferential statistics (independent t-Test and analysis of variance) and SPSS version 22 software were used for data analysis.

Ethical approval and consent to participate

Full ethical approval was obtained from the Ahvaz Jundishapur University of Medical Sciences under the number SDH-9706 and Ethics Code IR.AJUMS.REC.1397.370.

Results

A total of 90 clinical faculty members (faculty physicians) entered the study. According to the table, 72 people (80%) were male, and 18 people (20%) were female. Other individual characteristics of the statistical sample are presented in Table 1.

According to Table 2, the highest number of answers to the impact dimension was "I disagree" (47.2%), the highest number of answers to the meaning dimension was "I disagree" (55.6%), the highest number of answers to the sense of competence dimension was "I disagree" (46.4%), and the highest number of answers to the self-determination dimension was "I disagree" (47.9%).

According to Table 3, the mean score of the scope of self-determination (6.1 ± 3.79) , sense of competence (5.9 ± 3.91) , impact (5.7 ± 3.76) and meaning (5.2 ± 3.45) areas was at a low level.

According to Table 4, variables such as gender, age, education, employment history and academic degree of faculty members did not have a significant effect on their empowerment (p > 0.05). However, service location (hospital) (p = 0.039) and full-time work of faculty members (p = 0.03) had a significant effect on their empowerment score, and the full-time faculty members and faculty members of some hospitals had higher empowerment compared to faculty members of other hospitals.

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Table 1. Demographic data of the samples						
Variables		n	%			
Gender	male	72	80			
	female	18	20			
Age	under 40 years	36	40			
	40–50 years	30	33.3			
	over 50 years	24	26.7			
Education	specialty	24	26.7			
	fellowship	14	15.5			
	sub-specialty	52	57.8			
Employment history	under 10 years	48	53.3			
	over 10 years	42	46.7			
Academic degree	assistant professor	65	72.2			
	associate professor	16	17.8			
	professor	9	10			
Type of employment	permanent	36	40			
	temporary-to-permanent	36	40			
	service commitment	18	20			
Location (hospital)	Imam Khomeini	33	36.7			
	Abuzar	12	13.3			
	Razi	15	16.7			
	Golestan	30	33.3			
Full-time	yes	45	50			
	no	45	50			

Table 2. Frequency of answers given to the four components of empowerment					
Answer	Impact	Meaning	Sense of competence	Self-determination	
	n (%)	n (%)	n (%)	n (%)	
Strongly agree	(0) 0	(0) 0	(0)0	3 (1.4)	
Agree	(16.7)51	(11.1)24	(21.7) 45	36 (16.9)	
No idea	(19.4)57	(13.9)30	(21.7) 45	57 (26.8)	
Disagree	(47.2)141	(55.6)120	(46.4) 96	102 (47.91)	
Strongly disagree	(16.7)51	(19.4)42	(10.1) 21	15 (7)	
Total	(100)300	(100)216	(100) 207	212 (100)	

Table 3. Mean and standard deviation of the score of empowerment components					
Area (range of score variations)	Mean	SD	Min	Max	
Impact (3–15)	5.7	3.76	0	12	
Meaning (3–15)	5.2	3.45	0	12	
Sense of competence (3–15)	5.9	3.91	0	12	
Self-determination (3–15)	6.1	3.79	0	12	

Variable		Mean	SD	Test	p
Gender	male female	20.5 29.4	14.10 10.71	Mann–Whitney	0.245
Age	under 40 years 40–50 years over 50 years	24.4 22.2 21.2	11.24 14.06 19.78	Kruskal–Wallis	0.884
Employment history	less than 10 years over 10 years	23.1 20.6	14.49 13.43	Mann-Whitney	0.597
Education	specialty fellowship sub-specialty	23 19.2 22.2	16.07 11.03 14.66	Mann–Whitney	0.895
Full-time	yes no	16.5 29.2	12.22 13.78	Mann–Whitney	0.03

Table 4. Investigating the effect of the demographic characteristics of faculty members on their empowerment score					
Variable		Mean	SD	Test	р
Academic degree	assistant professor	20.5	11.52	Kruskal–Wallis	0.169
	associate professor	23.2	23.78		
	professor	38	10.82		
Hospital	Imam Khomeini	27.8	8.24	Kruskal–Wallis	0.039
	Abuzar	18.7	12.84		
	Razi	13.6	12.46		
	Golestan	13.4	12.79		

Discussion

The results of this study revealed that the clinical faculty members had the highest score among the four dimensions of psychological empowerment, including self-determination, sense of competence, impact and meaning, which, according to the manner of calculation using the Spreitzer Psychological Empowerment Questionnaire, can be concluded that the health system reform plan has played a small role in the psychological empowerment of clinical faculty members. In his study entitled "Investigating the relationship between empowerment and the perception of empowerment of staff at the teaching hospitals of Kerman in the center of Iran", Tourani et al. reported that staff had poor psychological empowerment [23]. The results of a study conducted by Gilavand et al. at the Dezful University of Medical Sciences in southwestern Iran also showed that the psychological empowerment of faculty members was relatively "low" [24]. Their results are consistent with those of our research. Gilavand and Hosseinpour also showed in another study that the psychological empowerment of nurses working in the teaching hospitals of the Ahvaz Jundishapur University of Medical Sciences in southwestern Iran was at a high level [25], which are inconsistent with results of our research. In a meta-analysis review study, Royan et al. also evaluated the psychological empowerment of nurses working in Iranian hospitals and reported their psychological empowerment at a moderate level [1].

The Iran health system reform plan, despite all the benefits, especially for patients and clients of health services, suffers some shortcomings which have caused dissatisfaction, especially among healthcare providers [19]. In the financial dimension, injustice in payments and lack of sustainable resources to continue this plan can also be considered as the main challenges of this project, which can increase the dissatisfaction of medical staff [21, 22]. A study conducted by Heydarzadeh et al. at the Rafsanjan University of Medical Sciences in central Iran showed that most physicians were dissatisfied with the implementation of the health system reform plan and that the greatest dissatisfaction was related to ways of paying the wages and fees [26]. Ghorbani et al. also showed that the most dissatisfying factor for the staff of the Qazvin University of Medical Sciences was the way of paying the wages and fees after the implementation of the health system reform plan [27]. Bahmanziari et al. also showed that only 56% of the physicians of a teaching hospital of the Shiraz University of Medical Sciences in the center of Iran were satisfied with the health system reform plan [28]. In a review study conducted in 2017, Gilavand found that most nurses working at Iranian medical universities were dissatisfied with this plan [21]. This study also revealed that the type of service (full-time and part-time) of clinical faculty members had a significant effect on their psychological empowerment score, and some full-time faculty members had higher empowerment compared to part-time faculty members. The health system reform plan has had a greater impact on the psychological empowerment of full-time faculty members, which is consistent with the results of a study conducted by Yousefi and Taziki [29].

Conclusions

Due to the fact that the medical education system and the healthcare system in Iran have been merged in the last 34 years, and these services are provided simultaneously by the universities of medical sciences affiliated with the Ministry of Health and Medical Education of Iran, attracting and retaining a skilled and experienced work force is one of the important priorities of these universities. Before implementing the health system reform plan, most clinical professionals preferred to work privately, in private offices and private hospitals, after graduation to earn higher wages. Thus, one of the important goals of the health system reform plan of Iran was to reduce the difference between the wages and fees of staff in public and private sector centers and hospitals to attract a skilled work force in the health and treatment areas in university hospitals. However, a lack of sustainable and achievable financial resources and injustice in paying wages for staff have made it difficult to continue this plan. One of the important issues in financing the world's health systems is the issue of the sustainability of the financial resources of these health systems. For example, if a greater number of resources are injected into a country's treatment system at a certain period of time, it will increase demand and increase the level of price according to an economic principle. Hence, if resources of this field decrease for any reason or do not increase proportionally in such situations, this will lead to severe inflation, followed by a recession in the health market. In such a situation, irreparable damage will be imposed on the health system in the short term, and this will cause a kind of disruption in the healthcare market, which will increase the expectations of service providers, and conditions will be provided for create problems such as imbalances in the benefits and salaries of health care workers. Thus, one of the most important challenges of the Iran health system reform plan at present is the lack of sustainable and achievable financial resources and injustice in payments to staff. One of the cases proposed for the sustainability of the resources in the health system reform plan so far is the plan of allocating one percent of value-added tax (VAT) on harmful goods (such as carbonated beverages, cigarettes, etc.). Thus, due to the key role of clinical faculty members in the Iran health system reform plan and given the high importance of empowering staff to enhance their job satisfaction and improve organizational productivity, it is necessary to periodically monitor and evaluate this plan. Its possible shortcomings must also be resolved, especially the provision of sustainable and receivable financial resources to continue the plan, and elimination of injustice in the payment to staff should be prioritized.

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