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Survival analysis of the timing of early marriage among women in Bangladesh: evidence from the 2014 Bangladesh demographic and health survey

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Summary Background. Early marriage is a common practice in developing countries, with tremendous health implications for women and their newborn children. Few studies have explored teenage marriage in Bangladesh, where the current study was designed to

Objectives. This study aimed to find the socio-economic and demographic factors that influence the timing of early marriage among women in Bangladesh.

Material and methods. A cross-sectional study design was used in our study. Using Bangladesh Demographic and Health Survey 2014 data, we have applied the non-parametric survival analysis technique of the Cox proportional hazards model.

Results. Early marriage was more common in all regions, and this risk was highest in the Rangpur Division (HR = 1.297; Cl: 1.215–1.385; p < 0.001). Women who reside in rural areas married earlier than their counterparts in urban areas (HR = 0.918; Cl: 0.883–0.955; p < 0.001). The age at first marriage was directly related to access to media (HR = 0.767; CI: 0.739–0.794; p < 0.001) and education levels, where women should have at least secondary education before marriage. Poor women also married early than upper-class (HR = 0.925; CI: 0.871–0.983) and middle-class (HR = 0.954; CI: 0.915–0.994) women.

Conclusions. The study's findings may provide some clues to increase the age of Bangladeshi women at first marriage. Region, maternal education, place of residence, wealth index, working status and media access were significantly associated factors with the timing of first marriage among women in Bangladesh.

Key words: marriage, survival analysis, statistical data interpretation, fertility, Bangladesh.

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Background

The marriage or cohabitation of children below 18 years of age has been extensively documented as a detrimental, discriminatory worldwide practice reflecting gender discrimination and human rights infringement [1, 2]. Increased attention has been paid to women's well-being and sovereignty throughout the past few decades [3]. Even though child marriage occurs for boys, the prevalence is considerably high for girls, especially in South Asia and sub-Saharan Africa. A young girl may be regarded as an economic burden, and early marriage is used as a tactic by low-income families to cope with financial insecurity, mainly when school fees or transportation costs are high, particularly in many South Asian countries [4, 5]. Although the percentage of women aged 20 to 24 who married prior to the age of 18 fell from 27% in 1995 to 21% in 2015, the reduction rate in early marriage has been prolonged, and we need a dramatic change of pace to achieve a Sustainable Development Goal (SDG) regarding the elimination of early marriage by 2030 [6].

In Bangladesh, though the legal ages of marriage for males and females are 21 years and 18 years, respectively, many female marriages occur before reaching their legal ages, and this country has the highest rate of marriage involving girls who are less than 15 years of age [7, 8]. The scenario in Bangladesh shows that early marriage is a product of various cultural, socio--economic and demographic factors, and it also has a positive association with socio-economic development [7]. According to

recent statistics on child marriage in southern Asia, the prevalence of child marriage in Bangladesh is the highest at 71%, followed by Nepal (62%), India (59%) and Pakistan (50%) [9]. With inadequate understanding and knowledge about sexual and reproductive life, the major problem with early marriage is the burden of raising children while they are still children themselves [9]. Evidence shows that child pregnancy creates a high risk for both the mother and baby and generates adverse reproductive outcomes, such as unwanted pregnancies, mistimed pregnancies, abortion, miscarriage, anemia, etc. [9, 10]. Preterm delivery, delivery of low birth weight babies, fetal mortality, as well as physical, sexual and emotional violence within the marriage are also unfavorable consequences of early marriage for young women [11–14]. It is reported that girls between the ages of 15-19 are twice as likely to die of pregnancy-related complications [15]. Thus, child marriage has severe impacts on girls' education, accomplishment, psychological well-being, human rights, and economic survival, and also influences the acceleration of demise of the respondent and her child [16–18]. Though early marriage is a common issue in Bangladesh and other developing countries in Asia and Africa, it is one of the most critical factors in population dynamics, as it affects fertility, mortality and women's and children's health [19]. Several studies have been conducted on identifying the factors associated with age at first marriage and showed that the disparities of social, economic, demographic, cultural, religious and public health factors affect marriage timing [4, 16].

Objectives

This paper's goal was to raise awareness of the situation on timing and patterns of age at first marriage among women of reproductive age in Bangladesh. Survival analysis techniques were used to estimate early marriage time and determine the associated factors that are appropriate and provide more information and reliable estimates with measurable precision.

Material and methods

Data source

Secondary sources of data were obtained from BDHS 2014. The survey used a sampling frame from the list of Enumeration Areas (EAs) of the 2011 Population and Housing Census of the People's Republic of Bangladesh, provided by the Bangladesh Bureau of Statistics (BBS). The Primary Sampling Unit (PSU) for the survey is an EA created to have an average of about 120 households. The survey is based on a two-stage stratified sample of households. In the first stage, 600 EAs were selected with a probability proportional to the EA size, with 207 EAs in urban areas and 393 in rural areas. In the second stage of sampling, a systematic sample of 30 households on average was selected per EA. The survey selected 18,000 residential households, which were expected to result in completed interviews with about 18,000 ever-married women [20].

Statistical analysis

At the univariate level, frequency distributions were carried out for different covariates, and at the bivariate level, the log-rank chi-square was used to test for equality of the survival times. The log-rank chi-square was used to test if there is a significant difference between ages at first marriage among women of different socio-economic characteristics. The level of significance was set at 0.05, which is at a confidence interval of 95%. After that, the Cox proportional hazards model was used to predict the strength of the relationship between the selected independent variables and timing of marriage. SPSS (version 23) was used at the univariate and bivariate level, and programming language R (version 3.6.3) was used for the log-rank test, Kaplan–Meier test and Cox proportional hazards model.

Variables

The variable age at first marriage was categorized into two categories: early marriage (less than 18 years of age) and not early marriage (greater or equal to 18 years of age). The dependent variable of our study was "Early Marriage", and it was categorized as Yes (marriage before 18 years of age) and No (marriage after 18 years of age). For independent variables, we considered the critical determinants of early marriage, which were region, place of residence, wealth index, respondent's education level, husband's education level, access to mass media, respondent's current working status, religion and BMI.

Cox Proportional Hazards Model

Let $X=X_1,X_2,\ldots,X_p$ be the $P\times 1$ vector of covariates, which is associated with $P\times 1$ vector of regression coefficients $\boldsymbol{\theta}=(\boldsymbol{\theta}_1,\boldsymbol{\theta}_2,\ldots,\boldsymbol{\theta}_p)$. Suppose that T be a survival time in the presence of the covariate, and $h_0(t)$ is the hazard function at the time point t in the absence of the covariate known as the baseline hazard function. Now under the Cox proportional hazard model, the hazard function in the presence of the covariate can be expressed as $h(t)=h_0(t)$ c(x), where c(x) is a positive valued function that has a known parametric form such as $c(x)=\exp(\boldsymbol{\theta}'x)$.

The principles of the Cox proportional hazards model usually create a link between the survival time of an individual and

corresponding associated covariates [21, 22]. It explores the relationship between the event of interest and several explanatory variables. Finally, the Cox model involves examining the coefficients for each explanatory variable and getting the required result. In this study, t_{ij} represents our event of interest, the birth interval corresponding to the j^{th} child of the i^{th} mother of the cluster. Let $X_{ij} = (X_{ij1}, X_{ij2}, ..., X_{ijp})'$ is the associated p-dimensional covariate vector $(i=1,...,n;j=1,...,m_i)$. The hazard function for the birth interval t_{ij} under the Cox proportional hazards model can be written as: $h(t_{ij}) = h_0(t_{ij}) \exp(\theta' x_{ij})$.

Ethical approval

We used a secondary dataset from the Demographic and Health Surveys (DHS) Program website (https://dhsprogram.com/data/). No ethics approval was required for this dataset.

Results

Uni-variate analysis

The result is based on 17,342 valid observations of all over married women aged 15-49 in 2014 BDHS data. Table 1 shows the pattern of the distribution and the study of the socio-demographic characteristics. From Table 1, we can review the percentage distribution of selected variables. We can see that among seven divided regions, the highest number of respondents belonged to the Dhaka division (17.4%), and the lowest number of respondents was from the Sylhet division (11.8%). The percentages corresponding to the Chittagong, Khulna, Raishahi, Rangpur and Barisal divisions were 16.0%, 14.4%, 14.2%, 14.2% and 12.1%, respectively. About 65.7% (11,401) were from the rural area, and 34.3% (5,941) were from the urban area, as village areas covered most of Bangladesh. On the other hand, the wealth index showed that middle-class respondents had the highest frequency, i.e. 41.5% (7,189), whereas 37.5% (6,499) of the respondents were lower-class, and 21.1% (3,654) of the respondents were upper-class. If we look at the respondents' education level, 37.8% (6,559) of the respondents completed secondary level, 29.3% (5,079) of the respondents completed primary level, 23.4% (4,061) of the respondents were illiterate, and only 9.5% (1,643) of the respondents completed higher education. Table 1 also shows the respondents' partners' education level, where 29.6% (5,134) of the partners completed secondary level, 27.3% (4,740) completed primary level, 14.9% (2,576) completed higher education, and a large portion, i.e. 28.2% (4,892), were illiterate. On the other hand, the percentage of respondents who had access to mass media was higher, i.e. 61.3% (10,639), than those who had no access to it, which was 38.7% (6,703). Among all the respondents, 68.4% (11 858) did not work, and only 31.6% (5,484) of the respondents worked. In this study, 90.2% (15,650) respondents were Muslim, whereas 9.8% (1,692) of the respondents were non-Muslim. Moreover, 57.4% (9,958) of the respondents were of normal healthy condition, but 24.1% (4,181) of the respondents were overweight, and 18.5% (3,203) of the respondents were underweight.

Bivariate analysis

Table 2 represents the bivariate analysis results for different covariates level by early marriage status. It can be seen that women in the Rangpur region had the highest early marriage rate, i.e. 2,063 (83.5%), whereas the women from the Sylhet region had the lowest marriage rate of about 1,310 (63.8%). Meanwhile, rural women had a higher early marriage rate of 8,945 (78.5%). On the contrary, the women of urban areas showed lower mortality, i.e. 4,322 (72.7%). Wealth status revealed that low-income families had a higher early marriage rate of 5,136 (79%), whereas women from a wealthy family had a marriage rate of 2,643 (72.3%). The respondents who completed sec-

Table 1. Baseline characteristics for selected determinants			
Covariates	Category	Frequency	(%)
Region	Barisal	2,090	12.1
	Chittagong	2,769	16.0
	Dhaka	3,011	17.4
	Khulna	2,495	14.4
	Rajshahi	2,454	14.2
	Rangpur	2,471	14.2
	Sylhet	2,052	11.8
Residence	urban	5,941	34.3
	rural	11,401	65.7
Wealth Index	lower-class	6,499	37.5
	middle-class	7,189	41.5
	upper-class	3,654	21.1
Respondent's education level	no education	4,061	23.4
	primary	5,079	29.3
	secondary	6,559	37.8
	higher	1,643	9.5
Husband's education level	no education	4,892	28.2
	primary	4,740	27.3
	secondary	5,134	29.6
	higher	2,576	14.9
Access to mass media	no	6,703	38.7
	yes	10,639	61.3
Respondent currently working	no	11,858	68.4
	yes	5,484	31.6
Religion	non-Muslim	1,692	9.8
	Muslim	15,650	90.2
ВМІ	underweight	3,203	18.5
	normal	9,958	57.4
	overweight	4,181	24.1

Covariates	Category	Survival status	Survival status				
		Early marriage <i>n</i> (%) ≤ 17 years	Not early marriage <i>n</i> (%) ≥ 18 years	Total <i>n</i> (%)			
Region	Barisal	1,648 (78.9)	442 (21.1)	2,090 (12.05)			
	Chittagong	1,966 (71.0)	803 (29.0)	2,769 (15.97)			
	Dhaka	2,249 (74.7)	762 (25.3)	3,011 (17.36)			
	Khulna	1,995 (80.0)	500 (20.0)	2,495 (14.39)			
	Rajshahi	2,036 (83.0)	418 (17.0)	2,454 (14.15)			
	Rangpur	2,063 (83.5)	408 (16.5)	2,471 (14.25)			
	Sylhet	1,310 (63.8)	742 (36.2)	2,052 (11.83)			
Residence	urban	4,322 (72.7)	1,619 (27.3)	5,941 (34.26)			
	rural	8,945 (78.5)	2,456 (21.5)	11,401 (65.74)			
Wealth Index	lower-class	5,136 (79.0)	1363 (21.0)	6,499 (37.48)			
	middle-class	5,488 (76.3)	1,701 (23.7)	7,189 (41.45%)			
	upper-class	2,643 (72.3)	1,011 (27.7)	3,654 (21.07)			
Respondent's education level	no education	3,076 (75.7)	985 (24.3)	4,061 (23.42)			
	primary	3,891 (76.6)	1,188 (23.4)	5,079 (29.29)			
	secondary	5,069 (77.3)	1,490 (22.7)	6,559 (37.82)			
	higher	1,231 (74.9)	412 (25.1)	1,643 (9.47)			
Husband's education level	no education	3,774 (77.1)	1,118 (22.9)	4,892 (28.21)			
	primary	3,623 (76.4)	1,117 (23.6)	4,740 (27.33)			
	secondary	3,931 (76.6)	1,203 (23.4)	5,134 (29.60)			
	higher	1,939 (75.3)	637 (24.7)	2,576 (14.85)			

Table 2. Distribution of early marriage and not early marriage by survival determinants					
Covariates	Category	Survival status			
		Early marriage n (%) ≤ 17 years	Not early marriage <i>n</i> (%) ≥ 18 years	Total <i>n</i> (%)	
Respondent currently working	no	9,018 (76.0)	2,840 (24.0)	11,858 (68.38)	
	yes	4,249 (77.5)	1,235 (22.5)	5,484 (31.62)	
Religion	non-Muslim	1,293 (76.4%)	399 (23.6)	1,692 (9.76)	
	Muslim	11,974 (76.5%)	3,676 (23.5)	15,650 (90.24)	
Access to mass media	no	5,500 (82.1%)	1,203 (17.9)	6,703 (38.65)	
	yes	7,767 (73.0%)	2872 (27.0)	10,639 (61.35)	
BMI	underweight	2,486 (77.6%)	717 (22.4)	3,203 (18.47)	
	normal	7,639 (76.7%)	2,319 (23.3)	9,958 (57.42)	
	overweight	3,142 (75.1%)	1,039 (24.9)	4,181 (24.11)	

ondary education had an early marriage rate of 5,069 (77.3%), and higher educated respondents had an early marriage rate of 1,231 (74.9%). On the other hand, working respondents had the highest marriage rate of 4,249 (77.5%), and the non-working respondents had a marriage rate of 9,018 (76%). Table 2 also shows that Muslim respondents' early marriage rate was 11,974 (76.5%), and non-Muslim respondents' rate was 1,293 (76.4%). The marriage rate of women who had access to any mass media was 7,767 (73%), and the marriage rate of those not having any access was 5,500 (82.1%). Also, early married respondents with underweight and overweight status were (2486) 77.6%, and (3142) 75.1%, respectively.

Kaplan-Meier (KM) test and log-rank test

KM survival estimates and the log-rank test for early marriage age by covariates are shown in Table 3. The log-rank chi-square was used at the bivariate level to test for equality of the survival times. These indicators help us test if there is a significant difference between ages at early marriage among women of different socio-economic characteristics. Table 3 reveals that

the mean marriage age for females who lived in the Sylhet division and urban areas, those who were Muslims, had media access and belonged to wealthy families were greater than those for other categories in each covariate. Apparently, the mean marriage age for females with secondary education was 19.92 years, which is the least mean marriage age compared to the other levels. Husbands with secondary education had the least mean marriage age, i.e. 20.61 years, compared with other males' educational levels. Females in the underweight group had the highest marriage age, i.e. 22.29 years. On the other hand, working women had the least mean marriage age (19.14 years) compared to non-working women (22.85 years).

The association of the individual factors on time to early marriage was tested using the log-rank test. The results from Table 3 show that the time to early marriage significantly differed by region, place of residence, access to mass media, respondents' working status, wealth index and BMI. Meanwhile, the husband's education level was significant at 10%, and other factors did not significantly differ in survival functions. Figure 1 shows the survival curves of females' marriage age for each significant covariate.

Table 3. Kaplan–Meier estimates and log-rank test for early marriage by covariates					
Covariates	Category	Mean survival time	Chi-square	Df	р
Region	Barisal	18.56	586	6	0.000
	Chittagong	21.58			
	Dhaka	22.01			
	Khulna	19.53			
	Rajshahi	18.29			
	Rangpur	19.19			
	Sylhet	27.35			
Residence	urban	22.63	69.2	1	0.000
	rural	21.99			
Religion	non-Muslim	20.19	1	1	0.3
	Muslim	22.67			
Wealth Index	lower-class	19.47	62.6	2	0.000
	middle-class	22.75			
	upper-class	22.77			
Respondent's educational level	no education	21.71	4.3	3	0.2
	primary	22.63			
	secondary	19.92			
	higher	21.99			
Husband's education level	no education	21.27	6.4	3	0.09
	primary	22.68	7		
	secondary	20.61			
	higher	21.86			

Table 3. Kaplan–Meier estimates and log-rank test for early marriage by covariates					
Covariates	Category	Mean survival time	Chi-square	Df	p
Access to mass media	no	19.07	233	1	0.000
	yes	23.93			
Respondent currently working	no	22.85	8.8	1	0.003
	yes	19.14			
BMI	under	22.29	9.5	2	0.009
	normal	21.43			
	over	20.94			

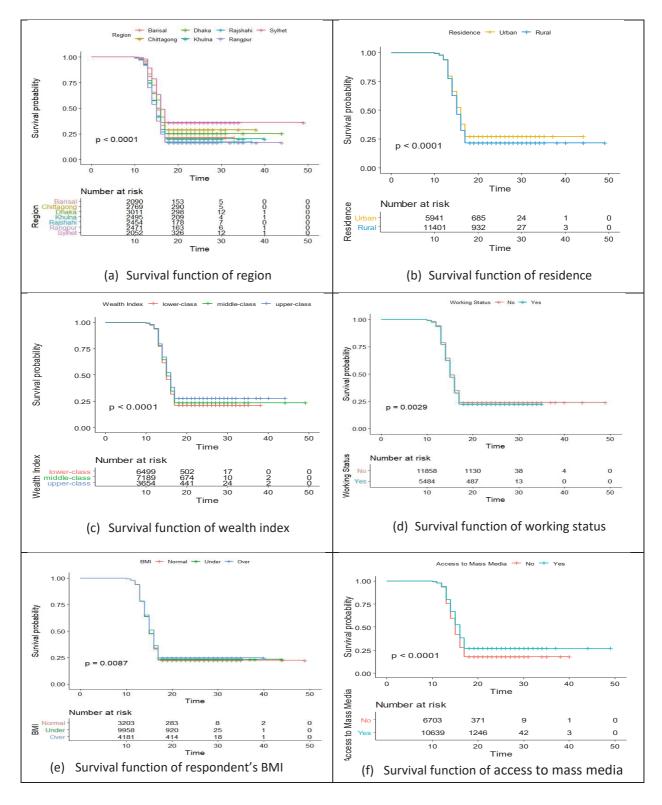


Figure 1. Kaplan–Meier survival curve of different significant (p < 0.05) covariates

Figure 1(a) and 1(b) show that as the p-value (< 0.001) was less than 0.05, there was significant evidence of a difference in survival times for all divisions, as well as the place of residences. The survival probability was higher for the Sylhet division and lower for the Rajshahi division, whereas the survival probability was higher for urban areas and lower for the rural areas. From Table 3, the estimated mean time until death was 19.47 years for a lower-class family, 22.75 years for a middle-class family, and 22.77 years for an uppwe-class family. Thus, the survival probabilities were higher for an upper-class family and lower for a [ower-class family [Figure 1(c)]. Similarly, non-working respondents had the highest survival probabilities and were the lowest in respondents who worked [Figure 1(d)]. Here, in both cases, the p-values were less than 0.05, which concluded that there was significant evidence of differences in survival time. As the p-value (0.0087) was less than 0.05, there was significant evidence of a difference in survival times for the type of BMI [Figure 1(e)]. Figure 1(f) also shows that there was significant (p < 0.001) evidence of the differences in access to media, where the survival probabilities were higher for women having media access and lower for those who had no access.

Cox regression analysis

Using the hazard ratios, a Cox proportional hazard model provides information about the distribution of specific covariates. Table 4 shows the Cox proportional hazards model of the association between the timing of first marriage and background characteristics.

The result indicates that the region had a significant effect on time to early marriage. The hazard of early marriage was highest in the Rangpur division and lowest in the Sylhet division. In this regard, Rangpur had a 30% higher and Sylhet had a 35% lower risk of early marriage compared to the Barisal division. The risk of early marriage was 15% lower for women in the Chittagong division, 17% higher in Khulna and 25% higher in the Rajshahi division than for women in the Barisal division. Meanwhile, the risk of early marriage was not statistically significant for women in the Dhaka division. Moreover, the place of residence played a significant role in the time to early marriage. Here, respondents living in urban areas had a 9% lower hazard of early marriage than those who lived in rural areas. The risk of early marriage was 7% higher for women with secondary education compared to women with no education, but primary and higher education levels were not statistically significant. Thus, the risk of getting married did not decline as the level of education increased. On the other hand, no significant relationship existed between the timing of marriage and the respondents' partners' education, whereas the wealth index of the respondents had a significant effect on early marriage at a 10% level of significance. Women who belonged to a middle-class family had a 5% lower risk, and upper-class families had a 7% lower risk of early marriage compared to those who belonged to a lower-class family. The result also indicates that those whose families had access to mass media had a 23% lower risk of early marriage than those who had no access to mass media. Here, media access also significantly affected early marriage, whereas no significant result was found for religion, the respondents' working status and BMI.

Table 4. Result of the Cox propor				
Variables	Category	Coefficient	HR	p [CI (95%)]
Region	Barisal (ref.)			
	Chittagong	-0.160	0.852	0.000 [0.797–0.911]**
	Dhaka	0.021	1.021	0.533 [0.956–1.091]
	Khulna	0.160	1.173	0.000 [1.098–1.253]**
	Rajshahi	0.224	1.251	0.000 [1.171–1.336]**
	Rangpur	0.260	1.297	0.000 [1.215–1.385]**
	Sylhet	-0.423	0.655	0.000 [0.602–0.705]**
Residence	rural (ref.)			
	urban	-0.085	0.918	0.000 [0.883-0.955]**
Religion	Muslim (ref.)			
	non-Muslim	-0.017	0.983	0.564 [0.928–1.042]
Respondent's education level	no education (ref.)			
	primary	0.028	1.028	0.270 [0.979–1.081]
	secondary	0.069	1.071	0.010 [1.016–1.130]**
	higher	0.041	1.043	0.330 [0.959–1.134]
Husband's education level	no education (ref.)			
	primary	-0.028	1.028	0.257 [0.927–1.021]
	secondary	-0.042	0.958	0.117 [0.909–1.011]
	higher	-0.020	0.981	0.602 [0.912–1.056]
Respondent currently working	no (ref.)			
	yes	-0.011	0.89	0.055 [0.795–0.927]*
Wealth Index	loer-class (ref.)			
	middle-class	-0.047	0.954	0.026 [0.915-0.994]*
	upper-class	-0.078	0.925	0.012 [0.871-0.983]*
Access to mass media	no (ref.)			
	yes	-0.266	0.767	0.000 [0.739–0.794]**
BMI	normal (ref.)			
	under	0.030	1.031	0.195 [0.985–1.079]
	over	-0.016	0.984	0.462 [0.942–1.028]

^{**} Significant at a level of 5%, * significant at a level of 10%, HR – hazard rate.

Discussion

Previously, in Bangladesh, most family members, especially males, made all important decisions concerning the female, including who and when they should marry. Nowadays, this has changed, and women are making their own decisions about whom and when to marry. The different triggering key issues of early marriage in Bangladesh have been demonstrated in this study. This study has used survival analysis techniques to study women's time to first marriage using the 2014 Bangladesh Demographic and Health Survey data. Univariate analysis, log-rank test and Cox proportional hazards regression analysis were used to estimate and investigate the differences and early marriage timing determinants. The obtained results suggested that region, place of residence, women's education level, wealth index and mass media were significant determinants of early marriage in Bangladeshi women.

The log-rank test also showed that the different levels of regions, place of residence, educational levels of the husband, wealth index of the family, BMI, access to mass media and respondent's working status were all risk factors of timing of the first marriage. A similar study with Kaplan–Meier and log-rank tests showed that the mean of marriage age for females and males who lived in urban areas, being employed, having more siblings and having more income were greater than those for other categories in each covariate [23].

Although the age of marriage is generally increasing at a low pace, early marriage is still widely practiced in Bangladesh. This research explores regional differences in age at marriage among women in Bangladesh. Divisions have a significant effect on age at first marriage in Bangladesh [24]. Similar studies based in Nigeria and Uganda also reveal that district of residence played a significant role among women on their age at first marriage [25, 26]. The places of residence partially explain the process of socialization as there is an impact of socio-economic variations in rural and urban areas, which also effects the timing of marriage. Findings from the current study reveal that the mean age at marriage was significantly higher in urban than rural areas, and early marriage was found to be widespread there. Studies with similar findings show that rural families encourage their daughters for early marriage to get potential husbands and avoid the threat of kidnapping on the way to school [27–29].

Although no significant result was found between religion and marriage timing in this study, socio-demographics, cultural norms and traditional beliefs were reflected by Muslim and rural residents [5, 24]. Women from rural areas are more likely to reflect the conventional behavior of early marriage as, in terms of education and economic status, rural areas are more disadvantaged. Again, females in both middle- and upper-class families got married at a higher interval than poor class families. Some of the earlier studies conducted in Bangladesh, Hong Kong and a few other developing countries showed consistent results with these findings [7, 17, 29–31]. Using DHS data from

54 developing countries, a recent study illustrates that girls living in poor families were two times more likely to marry before the age of 18 than those from upper-class family background households, and girls living in rural areas were at a greater risk of early marriage than those in urban areas [28].

It is well known that there is an association between education and age at first marriage worldwide. In the current study, we observed that women with secondary educated were more aware of the harmful effects of an early marriage than illiterate women. Meanwhile, females' level of education did not show any evident association with the timing of marriage. Several studies have shown a significant negative relationship between education and fertility [7, 27].

Moreover, we found that poverty has a severe effect on the timing of marriage. Some scholars also stated that employed females got married at later ages compared to unemployed females. In this study, women's working status showed a significant result in the log-rank test and Cox regression analysis. A similar study showed that women's economic independence is mainly responsible for the delay in the timing of marriage, and it had a significant effect [3, 29, 32, 33]. Along with this, it was also observed that females who were exposed to media made the decision not to get married early compared to those not exposed to media. This finding was was in line with an earlier study stating that media helped create awareness among women about the adverse effects of an early marriage [34–36].

Conclusions

This study has demonstrated that regional difference is the most important factor relating to a female's age at first marriage. Education is also an essential determinant of the timing of marriage. Women should have at least secondary education before being wed. The strong association between wealth index, working status and child marriage also suggests that economically disadvantaged girls should be provided sufficient help to increase their level of education. Besides formal education, women must have access to informal education. It can increase social awareness and avoid the consequences of early marriage. In this regard, access to media can play a vital role.

Moreover, in Bangladesh, rural girls should be encouraged and given the privileges to be highly educated. The ordinance of the legal age of marriage needs to be strictly followed for the betterment of women's health as well as to ensure the well-being of their children. Though there is a significant change in people's mindsets regarding this issue, the government should still take necessary actions in this regard to reduce the mortality rate in childbirth and ensure better living conditions.

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