

**Name:** Ludovico Abenavoli

**Professional Title:** Assistant Professor

**Department:** Health Sciences

**Institution:** “Magna Græcia” University

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**Date of birth:** October, 19, 1976; **Nationality:** Italian

## **CURRICULUM VITAE ET STUDIORUM**

### **Education and Training**

Ludovico Abenavoli get his pre-doctoral education at the Institute of Internal Medicine of “Catholic University” of Rome (Italy). In 2002 he graduated in Medicine, at the Catholic University” of Rome. From 2002 to 2003, he get post-graduate Master on “Alcohol-related pathologies” at the Alcoholism Treatment Unit of the Department of Physiopathology of the University of Florence (Italy). From 2005 to 2006 he is research fellow in the Liver Unit, Hôpital Saint Antoine, Université Pierre et Marie Curie - Paris VI, Paris (France). In this period he is member of the “Inflammatory Liver Diseases Study Group” of the Hôpital Saint Antoine, Paris. In 2007 he specialized in Internal Medicine, at the “Catholic University” of Rome. In the same period, he is a member of the “Orthotopic Liver Transplantation Study Group” of the “Catholic University” of Rome. From 2008 to 2009, he get post-graduate Master on “Internal medicine diagnostic ultrasound and eco-guided therapies” at the Institute of Internal Medicine of the “Catholic University” of Rome. In 2010, he obtained Academic Doctorate (Ph.D.) at the Department of Neuroscience, Division of Human Nutrition, University “Tor Vergata”, Rome (Italy).

Since 2008, he is an assistant professor in Gastroenterology at the Department of Health Sciences, University “Magna Græcia”, Catanzaro (Italy). In 2010, he was Coordinator of the “Young hepatologists commission” of Italian Association for the Study of the Liver (A.I.S.F.). In 2011 he was invited researcher in the Liver Unit, Hôpital Jean Verdier, Université - Paris XIII, Paris (France). In 2012, 2013 and 2014 he was invited professor at the University of Batna (Algeria). In 2013 he obtained the national abilitation as associate professor in gastroenterology. In 2014 and 2015 he was invited professor at the University of Novi Sad (Serbia). In 2015 he was selected for the High Education Teaching Program - Erasmus+, at the University of Cluj-Napoca (Romania).

### **Scientific Societies and editorial activities**

Ludovico Abenavoli is a member of: Italian Society of Gastroenterology (S.I.G.E.), Italian Association of Gastroenterology and Endoscopy (A.I.G.O.), Italian Association for the Study of the Liver (A.I.S.F.).

Between 2012 and 2015, he was board member of University Gastroenterology Education Committee (UNIGASTRO). Since 2013, he is a board member of Italian Society of Gastroenterology (S.I.G.E.).

He is an editorial board member of the following Journals: Annals of Hepatology; World Journal of Hepatology; Gastroenterology Research; Frontiers in Addictive Disorders. He is also co-editor in chief of Reviews on Recent Clinical Trials.

He serves as a reviewer for the following international Journals: International Journal of Clinical Practice; Journal of Gastrointestinal and Liver Diseases; Journal of Psychosomatic Research; The International Journal of Neuropsychopharmacology; World Journal of Gastroenterology; Journal of Medicinal Plants Research; Clinical Investigation; BMC Pediatrics; African Journal of Agricultural Research ;Chemico-Biological Interactions; Digestive Diseases and Sciences; Scandinavian Journal of Gastroenterology; Food and Chemical Toxicology; Case Reports in Pediatrics; Reviews on Recent Clinical Trials; Febs Journal; Saudi Journal of Gastroenterology; International Journal of Molecular Sciences; Digestive and Liver Disease; Liver International; Current Pharmaceutical Design; African Journal of Microbiology Research; Clinical Gastroenterology and Hepatology; Annals of Hepatology; Studies in Natural Products Chemistry; Antioxidants; Expert Review of Gastroenterology & Hepatology; European Journal of Dermatology; Journal on Complementary Medicine and Drug Discovery; Current Diabetes Review; World Journal of Hepatology; American Journal of Clinical Nutrition; Disease Markers; Hepatitis Research and Treatment; Endocrine; BMJ open; European Journal of Nutrition; Journal of Clinical and Translational Hepatology; Metabolism; Nutrients; PLoS One; Journal of Ethnopharmacology; Archives of Medical Sciences; Medicine; European Journal of Gastroenterology and Hepatology; Substance Use and Misuse; Therapeutics and Clinical Risk Management; BMC Gastroenterology; Drugs in Research and Development; Journal of Epidemiology and Global Health; Balkan Journal of Medicine; Environmental Monitoring and Assessment; Clinical Nutrition; Journal of Human Nutrition and Dietetics; Turkish Journal of Gastroenterology; Archives of Biological Sciences; Journal of Translational Medicine; Drug Design, Development and Therapy; Journal of Endocrinological Investigation; Expert Review of Anticancer Therapy; Pharmaceutical Biology; Journal of Diabetes Research; Phytomedicine; Journal of Herbal Medicine; EBioMedicine; International Journal of Hepatology; International Journal of Molecular Sciences; Hepatobiliary and Pancreatic Diseases International; Childhood Obesity; Molecules;

Diabetes Research and Clinical Practice, Journal of Food Technology and Nutrition Sciences.

### **Research achievements**

Ludovico Abenavoli is author of 123 publications in peer-reviewed international Journals (total impact factor: 349.832; Scopus H-index: 19), and of 20 chapter books. He is also author of 20 publications on national Journals, and 139 abstracts. Ludovico Abenavoli was the presenting author of 33 of them in national and international medical congresses.

His main contributions in the field include: 1) the efficacy of new treatment in alcoholic liver disease and alcohol dependence patients; 2) the development of new non-invasive tools for diagnosis and follow-up in liver diseases; 3) the study of the relationship between insulin-resistance and chronic liver diseases, and in particular with chronic infection by hepatitis C virus; 4) the evaluation of new potential treatment in overweight/obese patients with liver steatosis, included the evaluation of the Mediterranean diet effects; 5) the epidemiology of chronic infection by hepatitis C virus in Africa.

*01 March 2016*

*Ludovico Abenavoli*